

## JAC Equipment List

### Grades 2-3 and 4-5

- gear bag
- suit
- goggles
- cap
- fins

### Grades 6-7

- gear bag
- suit
- goggles
- cap
- fins
- snorkel
- paddles
- pull buoy
- kick board
- breastroke band

### Grades 8-9

- gear bag
- suit
- goggles
- cap
- fins
- snorkel
- paddles
- pull buoy
- kick board
- breastroke band
- nose clip (optional)*
- tempo trainer (optional)*

### Grades 10-12

- gear bag
- suit
- goggles
- cap
- fins
- snorkel
- paddles
- pull buoy
- kick board
- breastroke band
- nose clip (optional)*
- tempo trainer (optional)*